



# King George Sailing Club

Lea Valley Road, Chingford, London E4 7PX  
Tel: 020 8529 4250

## Windsurfing Taster - Booking Form

I (surname) ..... (first name)..... Age if under 18....  
please print please print

Address: .....Postcode:.....

Tel:..... Mobile: ..... Email: .....  
please print

Wish to enrol in the following course I have read the conditions and enclose payment for the full course fee ( I am aware of the cancellation policy). **Cheques payable to King George Sailing Club. This form & payment to S. Ash 54 Cleveland Rd, E18 2AL**

Next of kin or contact in case of emergency:

Name: ..... Phone: .....

Address: .....

"RYA/NSSA Instructors, NSSA Sailing Masters, RYA Senior Instructors or RYA Coaches do not accept responsibility for any loss, damage or injury suffered by persons and/or their property arising out of or during the course of their activities whilst training and/or coaching and/or instructing unless such injury loss or damage was caused by, or resulted from negligence or deliberate act"

**Signed:**

**Date:**

|   |  |
|---|--|
| <b>Windsurfing Taster (1 x 2 hr session) Please tick session option</b>                 |  |
| <input type="checkbox"/> <del>Saturday 4<sup>th</sup> June: 10:00am to 12:00 noon</del> | <input type="checkbox"/> Saturday 4 <sup>th</sup> June: 1:00pm to 3:00pm |
| <b>Fee: £25</b>   |  |

Small group up to maximum of 5 candidates (min 3, to run a session)

For further information on the coaching content please contact Wayne Hill from our website ([www.kgsc.org.uk](http://www.kgsc.org.uk)) contacts section

Simon is our training co-ordinator and best contacted via email: [simon.maria@tiscali.co.uk](mailto:simon.maria@tiscali.co.uk) (or phone 020 8530 2884)

**Have you:**

- (1) Read the conditions,
- (2) Chosen your course and confirmed availability with Simon Ash
- (3) Signed the form,
- (4) Enclosed payment,

**Return this form & payment to: S Ash at 54 Cleveland Rd South Woodford E18 2AL**

# Instruction Conditions at King George Sailing Club Chingford

## General:

- Children & minors under the age of 18 must be accompanied by their legal guardian.
- Course fee must have been paid in advance for the whole course.
- You should have water confidence
- Bring a packed lunch, since catering restrictions limit our sales to packaged foods e.g. snack bars, cans of drink and hot beverages.
- We will provide buoyancy aids.
- A wet suit and footwear are required, the club can provide wetsuits.

## Cancellation Policy:

- A full refund of the course fee will be made if a written cancellation is received by Mr Simon Ash at least 2 weeks in advance of the course commencement date.
- A deferment of the training course may be agreed providing 2 Weeks written notice is given.
- The course fee covers the full course or agreed number of sessions. If the student wishes to discontinue or cancel the course refunds will not be given. In the event of KGSC refilling the space, an administration charge will be retained and the balance refunded.

## Cancellations due to inclement weather, unsafe conditions:

- For safety reasons, the instructor's decision is final. An alternative date will be arranged by mutual agreement between the instructor and the majority of the course participants.

## Insurance & Safety afloat:

- King George Sailing Club has third party and board insurance cover.
- Windsurfing is a potentially hazardous sport, whilst King George Sailing Club takes reasonable measures to ensure your well being, individuals Windsurf at their own risk.
- "RYA/NSSA Instructors, NSSA Sailing Masters, RYA Senior Instructors or RYA Coaches do not accept responsibility for any loss, damage or injury suffered by persons and/or their property arising out of or during the course of their activities whilst training and/or coaching and/or instructing unless such injury loss or damage was caused by, or resulted from negligence or deliberate act"

# INSTRUCTIONS.

For Tuesday evening session aim to arrive at 17:40.

For Saturday morning session aim to arrive at 09:40

For Saturday afternoon session aim to arrive at 12:40

Please park your car in the parking area and walk up to the clubhouse.

Bicycles can be locked up by the clubhouse

## What you need to bring with you:-

We do have wetsuits but better if you have your own

Foot-ware (beach-shoes or trainers are OK)

A towel

Sun Cream

Sun hat

## Lunch.

If appropriate this will be at about 12.00. There is no canteen on site so you can either bring a packed lunch or you can walk to the local shops which include a couple of fast food outlets and a bakers shop.

Hot drinks and snacks are available in the clubhouse, throughout the day.

**Food or chewing gum must not be taken onto the water as these can cause choking in the event of a capsize or accidental immersion.**